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**Volunteer Wanted: Children’s Cookery Club Helper**

**Expected Commitment: One Saturday morning a month**

**9.30am to 12.30pm**

**Location: Leicester Forest East**

**Responsible to: Habilitation Officer**

**About Us:**

Vista changes lives. We are the leading charity working with children, young people, and adults with sight loss and complex needs in Leicester, Leicestershire and Rutland.

**Primary Objectives:**

We’re looking for volunteers to help with our children’s cookery club, one Saturday a month. The aim is empowering young people with sight loss to grow in confidence and develop life skills, a better understanding of safe kitchen practice and healthy eating.

**Responsibilities:**

* To empower the children and young people
* To promote health and safety and safe food handling.
* To assist so that they can fully take part in the activities
* To be reliable and have a genuine desire to make a difference to the lives of visually impaired people.
* To help create a warm, friendly and welcoming atmosphere

**Qualities and skills we are looking for:**

* Good people and communication skills as you will be working with children and their parents/carers.
* Enjoys meeting new people and enthusiastic to learn and take part in training provided.
* Happy to learn new skills in food preparation and learning how to identify risks.

**Support provided for you:**

* Visual Impairment Awareness training will be provided and take place at Vista- **essential**
* Safeguarding training- **essential**
* In depth training on the Children and Young People’s service.
* Reimbursement of out of pocket expenses such as mileage or public transport costs.

**We hope that by becoming a volunteer you:**

* Learn new skills that could be helpful for future employment opportunities or further learning
* Help us to make a difference to people with sight loss
* Increase your own self confidence
* Meet new and interesting people

**Health & Safety:**

All volunteers will be expected to:

* Ensure that they comply with Vista’s Health & Safety policy at all times
* Take reasonable care for the Health & Safety of themselves and others whom may be affected by their acts or omissions whilst volunteering.

**This volunteering opportunity is suitable for volunteers aged 18 years and above and is subject to a DBS check and 2 references.**

**Next steps:**

For an Application form contact the Volunteering Manager.

Call **0116 249 8843** email **volunteering@vistablind.org.uk**.

**Vista House, 1A Salisbury Road, Leicester, LE1 7QR**