

Volunteer Role Description

- Title:** Befriender (Over 18s only)
- Responsible to:** Befriending Officer
- Expected Commitment:** An hour per week, flexible day/time
- Location:** Within a 10 mile radius of your home

About Us:

Vista changes lives. We are the leading charity working with children and adults with sight loss in Leicester, Leicestershire and Rutland.

We are passionate about providing the very best services; in hospitals, at home, in residential care and in the community. Whether someone is newly diagnosed or has lived their whole life with reduced sight, Vista's specialist staff provide a vital lifeline to over 6,000 local people each year.

Primary Objectives:

To befriend an adult with sight loss, to improve their self confidence, emotional health and well being, reducing their social isolation and promote their independence.

Responsibilities:

- To visit a person with whom you have been matched, building a relationship of friendship and trust
- To give the person some company and/or enable them to get out and about or pursue a leisure interest for example
- To complete a visit sheet after each visit and to participate in regular reviews with the Befriending Officer

- To liaise, at times, with Vista staff or other agencies as appropriate
- To uphold Vistas core principles, vision, culture and values and abide by the policies and procedures as per Vistas volunteer handbook.

Qualities and skills we are looking for:

- To be reliable and have a genuine interest in the desire to make a difference in the lives of people with sight loss
- Good communication skills
- Patience and a warm and friendly attitude

Support provided for you:

- You will be required to attend the Befriending Induction two day programme and participate in further training and/or networking events which may be offered. The induction includes safeguarding vulnerable adults, visual impairment awareness training and specific information for Befrienders.
- Ongoing support will be given by the Befriending Officer either in person or via the telephone. Regular reviews will take place and an opportunity given for peer support through networking events with other Befrienders
- Regular newsletters, updates and news from the Befriending Service at Vista
- Other training as identified
- Reimbursement of out of pocket expenses such as mileage or public transport costs.

We hope that by becoming a volunteer befriender you will:

- Increase your own self confidence
- Learn and develop new skills
- Meet new and interesting people
- Feel valued and supported

Health & Safety:

All volunteers will be expected to:

- Ensure that they comply with Vista's Health & Safety policy at all times
- Take reasonable care for the Health & Safety of themselves and others whom may be affected by their acts or omissions whilst volunteering.

Equality, Diversity and Rights:

Vista is committed to improving the quality of its services to all people, irrespective of race/ethnicity, disability, gender, religion or belief, age or sexual orientation. Our objective is to deliver high quality services that are accessible, responsive, and appropriate to meet the diverse needs of different groups and individuals. As such, we will continue to ensure that staff and volunteers employed by Vista treat every person with dignity, respect and fairness.

This volunteering opportunity is subject to a DBS check and sets out the duties of the role at the time when it was drawn up. Such duties may vary from time to time without changing the general climate or level of responsibility entailed.

Next steps:

If you are interested in applying or would like more information Please call the befriending service on **0116 249 8841**