

# **Volunteer Wanted : Social Group Helper**

Expected Commitment:

2 Tuesdays a month, from 10.30am to 3pm for 3 months

# Location: St Peter's Church, Loughborough

Responsible to:

**Group Facilitators** 

#### **About Us:**

Vista changes lives. We are the leading charity working with children and adults with sight loss in Leicester, Leicestershire and Rutland.

#### **Primary Objectives:**

Our social group in Loughborough meets twice a month, to provide friendship, support and encouragement to older people living with sight loss. We are looking for reliable, friendly people to help with crafts, games and social activities at this group, help to serve and clear away meals, and take part in occasional outings.

#### **Responsibilities:**

- To help create a warm, friendly and welcoming atmosphere
- To make and serve early morning refreshments, laying tables, serving meals and helping to clear away afterwards
- To socialise with members of the group, taking part in activities as necessary
- To perform some guiding such as to and from transport as required
- To be reliable and have a genuine desire to make a difference to the lives of visually impaired people.

# Qualities and skills we are looking for:

- Good people and communication skills
- Enjoys meeting new people
- Good team player.

# **Support provided for you:**

- Visual Impairment Awareness training will be provided and take place at Vista
- Regular newsletters, updates and news from the Group Facilitators and/or Volunteer Manager at Vista
- Other training, such as Health & Safety, as identified
- Reimbursement of out of pocket expenses such as mileage or public transport costs.

## We hope that by becoming a volunteer you:

- Learn new skills that could be helpful for future employment opportunities or further learning
- Help us to make a difference to people with sight loss
- Increase your own self confidence
- Meet new and interesting people

# Health & Safety:

All volunteers will be expected to:

- Ensure that they comply with Vista's Health & Safety policy at all times
- Take reasonable care for the Health & Safety of themselves and others whom may be affected by their acts or omissions whilst volunteering.

## This volunteering opportunity is suitable for volunteers aged 18 years and above and is subject to a DBS check and 2 references.

#### **Next steps:**

For an Application form contact the Volunteer Coordinator. Call **0116 249 8843** email **volunteering@vistablind.org.uk**. **Vista House, 1A Salisbury Road, Leicester, LE1 7QR**