



Kathleen Rutland home for the blind
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Living at the Home

The Kathleen Rutland Home is registered for 46 residents with impaired vision or blindness it is set in beautiful grounds in the heart of the Leicester Forest East community. Every effort is made to meet the needs of the individual resident and the home as a warm friendly atmosphere. A GP surgery is held every Wednesday at the home and all rooms are single with en-suite facilities.

Individual Support Plan

As a resident you would be allocated a key-worker from amongst our team of staff who, along with a supervisor, will ensure the resident has an individual Support Plan, which is followed by all members of staff, and that the person receives a high standard of support to suit their needs at all times. The key-worker will be the main contact person to advise the resident and answer any queries which they may have.

The resident or their relative/representative will be involved, as well as the key-worker, in the preparation of the agreed individual support Plan. This plan will be reviewed at least once a month and will be updated to reflect any changes in the residents needs. We will ensure the plan is clear to the resident and their relative/representative and the person will be asked to sign it once it has been agreed.

Our Staff

Kathleen Rutland has a dedicated staff group some of whom have been working at the home for well over 10 years and all are committed to the delivery of care to the highest level to the individual residents.

Vista believes in the high level of training for staff in order that they are competent in their role which reflects on the care given to residents and the pride that they feel about the home.



Activities

The Home has a full activities programme with an activity organiser in post. Activities include trips out to gardens, parks musical shows, flower shows, residents holidays and, of course, shopping. We also have a variety of indoor activities such as cookery, ceramics, gardening, armchair aerobics and arts and crafts.

Outside entertainers come into the home on a regular basis.

Services and Facilities

- As a resident you would have your own room with en-suite toilet and wash basin, along with your own key to ensure privacy
- All rooms meet care standards for space – 10 square meters or larger (excluding en-suite)
- Each room is fully furnished. However, residents are welcome to bring in their own items of furniture, as long as they meet the British Standards for Fire Safety – advice can be given about this matter
- There is lockable storage space for valuables in the rooms, as well as in the office area. Your valuables are insured for up to £500, but it is advisable to take out your own insurance for items of particular value – advice can be obtained from Vista's Finance Director
- Full laundry services are offered on site
- There is a room provided where individuals may if they wish.
- The Home has an inter-denominational Chapel, in which services of worship are held
- Visitors are welcome at any time and we welcome the involvement of family and friends in the life of the Home, including fundraising events
- All parts of the building are fully accessible, with a passenger lift and hand-rails

Specialist Provision for People who are Visually Impaired

The Kathleen Rutland Home is a special needs home in which we cater for all vision impairments and blindness. The home and its grounds are designed so that the residents can make full use of the facilities despite their limited vision with coloured coded areas and specially designed handrails which enable residents to independently



negotiate their way around the home and its grounds. All care plans include regular eye checks.

Case Study

Mrs B came to stay at The Kathleen Rutland Home in December 2006 for a two week short stay. Mrs B had impaired vision and diabetes she returned home to live on her own with carer support within 7 days Mrs B had contacted the home and requested to come back as she could not cope on her own since becoming a resident her diabetes has become stable and Mrs B who was quite withdrawn now joins in all activities and enjoys her trips out which has made a real difference to her quality of life and says that she feels that the staff care about her and she feels ten years younger.

Admission to the Home

We welcome visits from prospective residents, and would be happy to help prospective residents to meet other people living in the home, and to spend time finding out about us. Whenever possible a trial overnight stay will be offered.

The Manager or the Deputy will be happy to answer all questions to help decide if the home is suitable. If Social Services will be funding the place, they should be contacted first so they can visit to assess the person's needs. If funding is to be supplied privately then social services do not need to be contacted.

The Manager and staff are not qualified to offer financial advice, and it is strongly advised that people seek independent professional advice about managing their financial affairs and payment of fees for a residential placement.

The Manager can advise on current fees on request.

All placements are on a 4 week trial basis in the first instance.

The Manager will draw up a form of agreement which outlines the terms and conditions of occupancy if a place at the home is required.

For more information please contact us on 0116 249 0909 or email residential@vistablind.org.uk.