

 **vista**homes

Improving lives for people with sight loss



Living at the
Kathleen Rutland
home

www.vistablind.org.uk



Thank you for your interest in a Vista home.
This brochure contains general information about
the following homes in Leicestershire.

Choosing a residential home for yourself or loved one is
an important decision, so please take the time to read
through this brochure along with the accompanying
“General Information” brochure.

**If you have any further questions please don't
hesitate to contact the Home Manager.**

the
KathleenRutland
home

117 Hinckley Road
Leicester Forest East
Leicester LE3 3PF

Tel: 0116 239 4234

Fax: 0116 239 4234

Email: residential@vistablind.org.uk

About the Kathleen Rutland home

The Kathleen Rutland home sits in its own beautiful grounds, and offers a home to 47 men and women, who are blind or partially sighted. Admission can also be offered to people who are visually impaired and have dementia, but the home is not able to offer support to people with other mental health conditions. There are a small number of places available for people who are not visually impaired. The home is situated in the heart of the Leicester Forest East community.

The Eden Alternative

The Eden Alternative is a philosophy that seeks to encourage a home setting where people want to live and carers want to work. The concept is to see the home as a community that encourages interactions and promotes a positive lifestyle. Staff in Vista's homes are committed to this philosophy and endeavour to provide meaningful care.





Accommodation, facilities and services

The Kathleen Rutland home is registered for older people. You will have your own room with en-suite toilet and wash basin, and your own room key for privacy. All rooms meet the Essential Standards of quality and safety as stated by the Care Quality Commission.

Each room is furnished and equipped to ensure comfort. You can bring your own items of furniture if you wish, providing they meet the British Standards for fire safety. Advice can be given about this.

All parts of the building are fully accessible, with a passenger lift, handrails and even surfaces. There are a variety of communal areas, including lounges, a dining room, activity rooms and outside seating areas. Facilities can be made available if you need to meet with family/friends in private.

The Kathleen Rutland home has attractive large gardens which are easily accessed and contain a pond and water feature. The garden has a large wooden summer house and a bird aviary with canaries and budgerigars, which is very popular with everyone.

You can be assisted with personal care by staff trained in moving and handling, ensuring you are treated with sensitivity and dignity.

The Kathleen Rutland home has excellent links with the local community and a wide range of interests are available outside and within the home. These include cookery, a variety of craft-based activities including making greeting cards, clay modelling and painting, gardening and in-house entertainment.

The home has a fully adapted minibus with a group of trained staff to drive it. This enables staff to take residents out locally or further.

We have links with places of worship and interdenominational services take place on a regular basis in our own chapel.

Specialist provision for people who are visually impaired

Vista's homes hold the RNIB 'Visibly Better' accreditation, which underwrites the high standard of specialist provision that Vista aims to provide to people with a visual impairment. Our home and its grounds are designed so that you can make full use of the facilities, with colour-coded areas and specially designed handrails which enable you to independently negotiate your way around the home and its grounds.

Our care teams have all undertaken visual impairment awareness and mobility training, provided by our own qualified staff, and are able to respond appropriately to people's needs. You can be supported with particular eye conditions, such as diabetic retinopathy, macular degeneration, cataracts and the use of eye drops.

Volunteers provide regular reading groups to enable people to keep up to date with news. A wide array of Aids to Daily Living can be loaned or purchased from Vista's Main Office site.

Vista employs qualified Rehabilitation Officers who specialise in working with people who are blind or partially sighted.

On referral they can support with:

- guiding and mobility training
- forms of communications
e.g. use of objects of reference, tactile symbols etc
- advising on Aids to Daily Living.

General Information

Visitors: Your visitors are welcome at any time to suit you, and we welcome the involvement of family and friends in the life of the home and with fundraising events.

Worship: The home has an interdenominational chapel in which services of worship are held. Ministers of religion pay visits to the home, and your own local minister or visitors from your place of worship would be most welcome.

Holidays: You will need to keep the Manager informed about your holiday arrangement or any outings that you plan.

Gifts to staff: Staff and members of their families are not allowed to accept money or gifts from people living in the home or their families or friends. Staff are also forbidden from borrowing money or other property from people who live in the home.

Access to records: Under the Data Protection Act 1998 you are entitled to see any records that are kept about you. All records will be kept securely so that your right to confidentiality is respected, but you can ask to see them at any time.

Cultural and spiritual needs: Staff will ensure that your needs and wishes are met.

If you require the information contained
in this brochure in an alternative format
(e.g. large print, Braille or audio) or an
alternative language, please contact Vista on
0116 249 0909.

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