vista



Discover Applegarth For adults with learning difficulties

www.vistablind.org.uk

Applegarth

Applegarth is a residential care home for people with learning disabilities. We specialise in supporting people with a sensory loss and those with high support needs.

We are rated **outstanding** by CQC.

Applegarth is part of Vista, the leading local sight loss charity for children and adults with sight loss, in Leicester, Leicestershire and Rutland

Our bungalow is home to 6 residents, who all have access to our lounge, kitchen, sensory room and conservatory, as well as our attractive and spacious garden.

Each resident has a private, furnished bedroom with an ensuite bathroom and walk in shower. Bedrooms are decorated according the resident's taste and wishes and they are welcome to bring their own furniture.

Residents are encouraged and supported to plan, shop for and prepare their meals. All dietary and cultural needs can be met.



Located in Leicester Forest East, a residential area 5 miles from Leicester city centre, we are very much part of the local community.

Residents take part in a wide range of activities inside and outside the home, tailored to their needs, abilities and interests.

With a dedicated, well trained and experienced staff team we are proud of the high quality, person-centred care we offer to each of our residents.

We will work with a potential resident to fully assess their health and social care needs. Together we will agree a Person Centred Support Plan and Health Action Plan for our staff to follow, ensuring it meets all lifestyle and support needs. We welcome the involvement of families and carers, as well as health and social care professionals.

Maggie was born with no sight at all, and has almost no verbal communication. She moved into Applegarth in 2010, after living in several health care institutions throughout her life.

Maggie is supported in making her own choices, and encouraged to live her life how she wishes to. She has had many 'first times' whilst living at Applegarth, including a pampering session for her birthday.



Visitors are very welcome at Applegarth at any time, and we enjoy friends and family being part of life in our home.

If you would like more information about Applegarth please contact our manager **Jo Neal.**



Jo would be delighted to answer any questions you have and arrange a visit if required.

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